



**INSTRUCTIONAL HOURS: 8**

**RECOMMENDED PRE-REQUISITE(S):** Introductory Social Ballroom Dancing (CED1969) or the equivalent.

**CO-REQUISITES: N/A**

**APPROVED FOR USE IN ACADEMIC SEMESTERS: 2011/2012**

**COURSE DESCRIPTION:**

Join us for a continuation of Social Ballroom Dancing where we will add to the Foxtrot, Jive and Slow Latin as well as learn the basics of Slow Waltz and Social Tango. You will have the opportunity to review and consolidate what you have learned in the social dance course, Social Ballroom Dancing. Since this course does not follow a specific syllabus, it is intended for relaxed, social dance. Although this course is primarily for couples, singles are welcome.

**RATIONALE:**

This social dance course continues to support both physical and mental activity through balance and low-impact exercise and planning of learned steps, movements and patterns.

**COURSE DELIVERY:**

The course content will be presented through a blend of instructional methods which may include the distribution of print materials prepared by the instructor, but will include demonstrations by the instructor to selected music. The instructional pace of the classes will be determined by the progress of the majority of participants. Differentiated instruction will be provided as time permits and need requires.

**LEARNING OBJECTIVES/OUTCOMES:**

Upon successful completion of this course, the student will be able to:

1. Identify terms for movements and patterns related to the studied dances.
2. Demonstrate observable progress/improvement in the executions of the learned steps and patterns which may require regular independent review.
3. Appreciate the effort, physicality, skills and pleasure related to social ballroom dance.

N.B. The extent to which the individual is able to demonstrate the above objectives/outcomes will depend on the expressive physical and cognitive abilities of the participant.

**TOPICS**

1. Floorcraft and etiquette.
2. Holds and positions enhancing the specific character of the dance for both leaders and followers.
3. Steps, patterns, "rise and fall".
4. Tempo and beat.

5. Connecting patterns with consolidation of previously learned steps.
6. Continued instruction in the Foxtrot, Jive and Slow Latin. Introduction to the Slow Waltz and social Tango. No instruction in Salsa or Argentine Tango.

**REQUIRED COURSE MATERIAL:** (to be purchased by the learner)

1. Comfortable clothing.
2. Appropriate footwear. INDOOR shoes only...dance shoes recommended unless non-marking running shoes are required by the facility for floor maintenance.

**STUDENT EVALUATION**

Students will:

1. Attend regularly.
2. Participate actively during all phases of instruction.
3. Demonstrate observable improvement during the course timeline.
4. Demonstrate sufficient acquisition of the studied steps and patterns through execution.  
(Competency will vary according to the physical abilities of the student.)

At the end of the semester, the student will receive a final report noting his/her progress in relation to the learning outcomes. The student's progress will be recorded using the following grades.

**S** - Satisfactory achievement in field /clinical placement or non-graded subject area.

**U** - Unsatisfactory achievement in field/clinical placement or non-graded subject area

**Certificate:**

Students who have successfully completed CED receive a college certificate for

**Teaching Contact**      Kari Lustig

**Academic Manager  
Signature**              "Laurie Poirier"

NOTICE TO ALL STUDENTS:              We urge you to retain this course outline for future reference. There is a charge for additional copies.